

**City of Sky Valley
Maintenance & Public Works Committee**

**Thursday, May 14, 2015
10:00 AM
Sky Valley Club, 568 Sky Valley Way – Lakeside Room**

AGENDA

CALL TO ORDER

NEW BUSINESS

- Appointment of Vice-Chairman
- Appointment of Secretary (City Clerk)

DISCUSSION ITEMS

- Paving
- Community Garden

ADJOURN

ORDER OF PRIORITY		
1 Winding Ridge Drive	70,532	0.69 LMIG funding
2 Covered Bridge Lane	45,999	0.45
3 Scotland Lane	8,689	0.08
4 Unpaved portion of Scotland	28,160	0.1
5 Alpine Drive	96,088	0.94
6 Sky Valley Way to Post Office	158,314	1.18
7 Cedar Lane	18,400	0.18
8 Visitor Center Driveway & Parking	12,000	
9 City Hall Driveway (upper half)	6,000	
10 Post Office Driveway	6,000	
11 Estatoah View	9,136	0.23
	Estimate 459,318	3.62 miles
Estimated Striping	10,000	
\$469,150 Available Funds	469,318	



Cultivating Community Gardens: The Role of Local Government in Creating Healthy, Livable Neighborhoods

Local government leaders are in a unique position to promote healthy eating and active living in their communities by supporting community gardens. Community gardens are

places where neighbors can gather to cultivate plants, vegetables and fruits. Such gardens can improve nutrition, physical activity, community engagement, safety, and economic vitality for a neighborhood and its residents. Barriers, such as liability expenses, code restrictions and a lack of resources, which often make it difficult for communities to establish or maintain gardens in their neighborhoods, can be overcome with local government engagement.

Nutrition - Food Security & Access

Limited access to healthy foods, such as fruits and vegetables, is a major barrier to healthy eating. Community gardens provide residents the opportunity to grow their own fruits and vegetables, increasing access and affordability.

Physical Activity

The U.S. Surgeon General, along with the U.S. Centers for Disease Control and Prevention and the American College of Sports Medicine, recommend getting a minimum of 30 minutes of moderate-intensity physical activity on most days of the week for adults and 60 minutes of moderately or vigorously intense activity most days of the week for children and adolescents. Unfortunately, nearly 40 percent of adults and 23 percent of children do not get any free-time physical activity. Gardening is a recommended form of moderate physical activity. Community gardening can encourage more active lifestyles by providing children and adults the opportunity to exercise by stretching, bending, walking, digging and lifting tools and plants.

Open Space

Community gardens are an inexpensive way for cities to recapture unused land for the purpose of beautification. A neglected vacant lot can be transformed into a garden where people of all ages can grow food together and strengthen community ties.

Educational Opportunities

Hands-on exposure to community gardens can teach children about the source of fresh produce, demonstrate community stewardship and introduce the importance of environmental sustainability.

Property Values & Tax Revenue

Green space adds property value to neighborhoods by beautifying spaces and creating more attractive places for people to walk and enjoy life outdoors. People are willing to pay more to live in places that provide these amenities.

Community Services

Community gardens can be integrated into broader community projects such as after-school programs for children, activities for the seniors and a resource for food banks.

Community Pride & Ownership

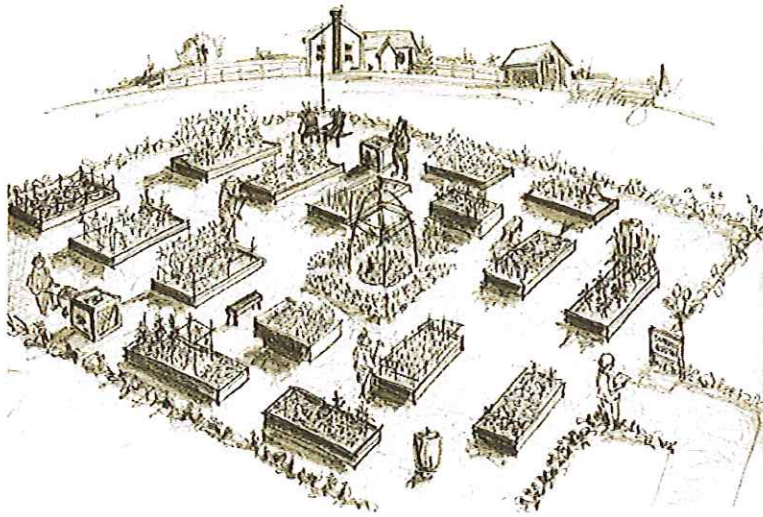
The safety and vitality of a healthy community relies heavily upon the invested pride and ownership that residents have for their neighborhood. Community gardens offer a focal point for neighborhood organizing, and can lead to community-based efforts to deal with other social concerns. They give residents a safe place to interact with peers, while involving them in beneficial activities. Community gardens can increase safety by providing more eyes on the street. Furthermore, communities that develop semi-public spaces where people can become actively engaged in their community have significantly lower crime rates than neighborhoods where these amenities do not exist.

Community Gardens are Affordable

The annual cost of most community gardens are minimal because community residents, rather than city employees, are responsible for maintaining the gardens. Cities can help establish community gardens by identifying viable sites for gardens, providing water for irrigation, and necessary infrastructure as a one-time capital expense.

How Local Governments Can Help

Cities can promote healthier communities by improving resident's access to fresh fruits and vegetables and designing environments that encourage active living.



Example of a raised bed community garden



Example of a community garden without raised beds

City of Sky Valley Community Garden Rules and Regulations

1. Each gardener is responsible for the maintenance and upkeep of their garden plot. Watering, weeding, harvesting and any other garden related maintenance are all the responsibility of the gardener. Gardeners may arrange for other gardeners to water their plots.
2. Gardeners will have something planted in the garden by June 30, 2015. If a gardener has to abandon his/her plot for any reason, he/she will notify the City.
3. If a plot becomes unkempt, the gardener will be given 1 week's notice to clean it up. At that time, it will be re-assigned or tilled in.
4. Gardeners will keep trash and litter out of the plot, as well as from adjacent pathways.
5. Tools will be made available for use during the regularly scheduled work time each week. A limited number of tools, hoses and watering equipment will be available in the community garden storage bin for use during non-scheduled work times. Regularly scheduled work times will be posted on the City bulletin board.
6. Each gardener will be given one key to the garden and the storage bin for access to tools and watering equipment. Gardeners are responsible for bringing that key each time they work in the garden. Keep storage bin locked at all times and return all tools.
7. Children are welcome in the garden but must be accompanied by an adult and must be supervised at all times.
8. Pets are not allowed in the garden area.
9. Each gardener must complete a Release of all Claims form before any work in the garden can begin.
10. Gardeners will not use fertilizers, insecticides or weed repellents that will in any way affect other plots.
11. Assignment of garden plots will be awarded by a lottery system. Preference for next year's plots will be given to this year's participants first.
12. Plot fees are due in full before the garden season begins.
13. Gardeners may harvest vegetables and flowers from their garden only unless given permission by another plot user.
14. The end of the growing season will be the last weekend of October 2015. Gardeners are responsible for clearing their plot by that time of all plant material and leaving the plot as they found it in the spring.

Garden Plot Registration

Name _____ Date _____

Address _____

City _____ Zip _____

Phone (home) _____ (work) _____

Did you have a garden plot with this community garden last year? N/A for 2010
_____ Yes _____ No

Size of plot you are requesting	_____	5 feet by 10 feet	\$ _____
	_____	10 feet by 10 feet	\$ _____
	_____	10 feet by 15 feet	\$ _____

These fees will go toward expenses of the community garden (water bills, community tools, etc.).

Do you require an easy access plot at the front of the garden _____ Yes/No

I have read the Community Garden Rules and understand that failure to meet the guidelines will result in loss of gardening privileges.

Signature _____ Date _____

Sample Form: Release of All Claims

The following form is intended as a guide only; be sure that the final agreement you use meets the needs and details of your group.

Release of All Claims

I, _____, am a participant in the Community Garden. As a condition of being allowed to participate in the Community Garden, I agree to the following:

1. I am duly aware of the risks and hazards that may arise through participation in the Community Garden, and assume any expenses and liabilities I incur in the event of an accident, illness or other incapacity. If I have had any questions about the Community Garden, its nature, risks or hazards, I have contacted the garden coordinator and discussed those questions with him or her to my satisfaction.

2. In consideration of being granted the opportunity to participate in the Community Garden, I, for myself, my excutors, administrators, agents and assigns do hereby release and forever discharge the Garden Committee, Garden Coordinator, volunteers, other gardeners, and the cooperating landowner from all claims of damages, demands, and any actions whatsoever, including those based on negligence, in any manner arising out of my participation in this activity. I understand that this Release means that, among other things, I am giving up my right to sue for any such losses, damages, injury or costs that I may incur.

I represent and certify that my true age is either 18 years old or, if I am under 18 years old on this date, my parent or legal guardian has read and signed this form. I have read this entire Release, fully understand it, and I agree to be legally bound by it.

Participant's Signature _____

Printed Name _____ Date _____

Parent/Guardian's Signature _____

Printed Name _____ Date _____

M 03
AM 04

